



Want to talk to others about the REACH study?

What is REACH? A study to help make HIV prevention methods work for young women in Africa.

What's the Purpose? To test two methods – a monthly ring and daily tablet – to learn more about their safety in young women and whether young women like using them.

Joining the study is your choice!

The study team is always available for questions and support.

Are the products safe? Yes! There are a few known side-effects; most are mild and last for only a short time. Most people have no side effects. Both the ring and tablet have been shown to prevent HIV in adults when used all the time.

What does the study require? Try each product for 6 months, then choose the one you like and use it for another 6 months. Go to monthly visits at the clinic to get check-ups and talk about the products.

What are the good things about joining the study? Get free health exams, counselling, and HIV testing. Be part of finding HIV prevention methods that can work for young women!

What about the study products?

For best protection against getting HIV you must use the ring and tablets correctly and consistently; this is why the researchers care about how young women like the products! Condoms should also always be used to protect oneself from getting HIV and other STIs.

About the Ring

- Women wear it in their vagina and replace it every month; no need to take it out to clean it, bathe, or use the toilet.
- It contains an antiretroviral medication called dapivirine.
- It has been studied in thousands of women throughout the world including in the US and Africa.

About the Tablet

- It's commonly known as PrEP; it contains two antiretroviral medications.
- You have to take one every day – it works best with daily dosing.
- It's already approved to prevent HIV in adults in many countries based on high safety and levels of protection.

